

International Travel

Documents

- ☐ ID
- ☐ Passport + Visas
- ☐ Vaccination Certificates
- ☐ International Driver's License
- ☐ Health Insurance Card
- ☐ Photocopies of all of the above
- ☐ Credit Cards
- ☐ Airline/Hotel membership cards (digital versions available)

Clothing

- ☐ 1-2 pair of pants
- ☐ 3 shorts/skirts
- ☐ 5 short sleeve shirts/tanks
- ☐ 1 long sleeve shirt
- ☐ 1 sweater/sweatshirt
- ☐ 7 pairs of underwear
- ☐ 1 pair of sneakers
- ☐ 1 pair of flip flops
- ☐ 5 pairs of socks
- ☐ Sunglasses + hat

Electronics

- ☐ Computer + charger
- ☐ International adapter
- ☐ Phone + USB charging cable
- ☐ International SIM/service (Google Fi)
- ☐ eReader (kindle/tablet) + charger
- ☐ Digital camera + lenses + charger
- ☐ Travel router
- ☐ Headphones

Toiletries

- ☐ Comb
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Mouthwash
- ☐ Floss
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Glasses + case
- ☐ Contacts + case + solution
- ☐ Razor
- ☐ Band-aids + basic first aid
- ☐ Tweezers
- ☐ Nail clippers + file
- ☐ Pain killer (ibuprofen, advil, etc)
- ☐ Medication
- ☐ Diarrhea treatment of choice
- ☐ Infection treatment of choice

Extras for Ladies

- ☐ 1 dress
- ☐ 2-3 bras (normal + sport)
- ☐ Earrings (simple studs are best)
- ☐ Hair ties
- ☐ Makeup (foundation, concealer, powder, blush, eye shadow, mascara, lipstick)
- ☐ Tampons/pads/alternative
- ☐ Sarong/wide scarf

