

Beach Vacation

Documents

- ☐ ID
- ☐ Health Insurance Card
- ☐ Credit Cards

Clothing

- ☐ 3 shorts/skirts
- ☐ 5 short sleeve shirts/tanks
- ☐ 1 sweater
- ☐ 8 pairs of underwear
- ☐ 1 pair of sneakers
- ☐ 1 pair of flip flops
- ☐ 5 pairs of socks
- ☐ 2 bathing suits

Electronics

- ☐ Computer + charger
- ☐ Phone + USB charging cable
- ☐ eReader (kindle/tablet) + charger
- ☐ Digital camera + lenses + charger
- ☐ Headphones
- ☐ Portable [bluetooth speaker](#), ideally waterproof

Accessories

- ☐ Beach bag
- ☐ [Beach safe](#)
- ☐ Beach umbrella
- ☐ Sunglasses + case
- ☐ Hat

Toiletries

- ☐ Comb
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Mouthwash
- ☐ Floss
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Aloe vera
- ☐ Bug spray
- ☐ Glasses + case
- ☐ Contacts + case + solution
- ☐ Razor
- ☐ Band-aids + basic first aid
- ☐ Tweezers
- ☐ Nail clippers + file
- ☐ Pain killer (ibuprofen, advil, etc)
- ☐ Medication
- ☐ Diarrhea treatment of choice
- ☐ Infection treatment of choice

Extras for Ladies

- ☐ 2-3 bras (normal + sport)
- ☐ Earrings
- ☐ Hair ties
- ☐ Makeup (foundation, concealer, powder, blush, eye shadow, mascara, lipstick)
- ☐ Tampons/pads/alternative
- ☐ Sarong/wide scarf
- ☐ Beach cover up

Extras for Kids

- ☐ Beach toys
- ☐ Goggles
- ☐ Water floats
- ☐ Snacks

