

# 7-Day Cruise

## Documents

- ☐ ID
- ☐ Passport + Visas
- ☐ Vaccination Certificates
- ☐ Health Insurance Card
- ☐ Photocopies of all of the above
- ☐ Credit Cards

## Clothing

- ☐ 3 shorts/skirts
- ☐ 8 short sleeve shirts/tanks
- ☐ 5 blouses/button downs/polos
- ☐ 1 pair of nicer casual pants
- ☐ 8 pairs of underwear
- ☐ 1 pair of sneakers
- ☐ 1 pair of flip flops
- ☐ 5 pairs of socks
- ☐ 2 bathing suits

## Electronics

- ☐ Computer + charger
- ☐ Phone + USB charging cable
- ☐ eReader (kindle/tablet) + charger
- ☐ Digital camera + lenses + charger
- ☐ Headphones

## Accessories

- ☐ Beach bag
- ☐ Sunglasses + case
- ☐ Hat

## Toiletries

- ☐ Comb
- ☐ Toothbrush
- ☐ Toothpaste
- ☐ Mouthwash
- ☐ Floss
- ☐ Deodorant
- ☐ Sunscreen
- ☐ Glasses + case
- ☐ Contacts + case + solution
- ☐ Razor
- ☐ Band-aids + basic first aid
- ☐ Tweezers
- ☐ Nail clippers + file
- ☐ Pain killer (ibuprofen, advil, etc)
- ☐ Medication
- ☐ Diarrhea treatment of choice
- ☐ Infection treatment of choice

## Extras for Ladies

- ☐ 2 dresses
- ☐ 1 sweater
- ☐ 1 pair of evening shoes (heels/flats)
- ☐ 2-3 bras (normal + sport)
- ☐ Earrings
- ☐ Hair ties
- ☐ Makeup (foundation, concealer, powder, blush, eye shadow, mascara, lipstick)
- ☐ Tampons/pads/alternative
- ☐ Sarong/wide scarf
- ☐ Beach cover up

## Extras for Men

- ☐ 1 sport coat/suit jacket
- ☐ 2 pairs of slacks
- ☐ 1 pair of evening shoes

